



Handheld **LED Light Therapy**
with **Microcurrent**
Rejuvenation Device
by Sylvan

Handheld LED Light Therapy with Microcurrent Rejuvenation Device

Before using your Handheld LED Light Therapy with Microcurrent Rejuvenation Device, please read this manual and keep it handy for future reference.

Whether you're targeting wrinkles, acne, rosacea, or age spots and sun damage, LED (Light Emitting Diode) Light Therapy can help improve these conditions.

Since NASA first developed this technology, many other applications have been discovered; most important among them is the use of LED light therapy for various forms of healing.

The latest in LED Light technology is the now here with the SYL-356. Combining the power of Photon LED Light and Microcurrent Therapy in one small handheld device, the most-advanced non-invasive skin care system can now fit in the palm of your hand.

About Photon LED Light Therapy

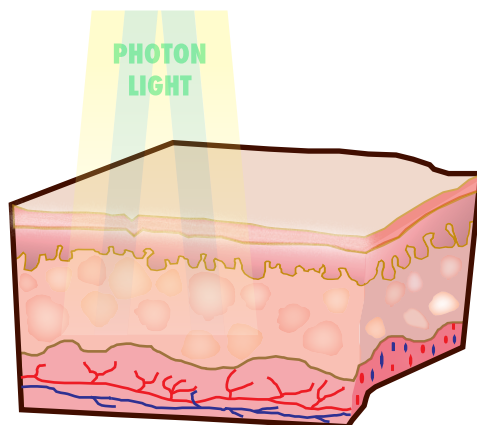
The Sylvan Handheld LED Light Therapy Rejuvenation Device uses LED technology that generates photons at different frequencies, (colors of light), to penetrate into deeper layers of tissue the way lasers would, but with lesser damage. Different wavelengths (colors) of light will have different effects on the skin.

Interacting with the skin at a cellular level, LED Light Therapy can stimulate the power generators of the cells, the Mitochondria, the organelle inside your cells that produce Adenosine Triphosphate (ATP), the energy currency that powers cellular activity. This then leads to the stimulation of the Fibroblast cells' ability to produce collagen and elastin. The additional collagen plumps up the skin, filling in fine lines. The elastin helps by adding support, firming up skin that has started to show signs of sagging. LED Light Therapy produces healthier, faster healing, younger looking and glowing skin.

After a series of the non-invasive and painless LED Light Therapy treatments, problem skin areas will show a marked improvement: wrinkles and folds will soften and have improved tone, better skin moisture levels, and a healthy glow. LED Light Therapy can also help treat acne and the visible signs of aging.

About BIO Microcurrent Therapy

When the skin, also called the epidermis, grows older, its tissues lose a great deal of its natural vitality, which can be compared to a battery losing its charge. This will in turn lead to degradation of collagen, which is the primary protein that connects the cells and tissues, as well as elastin, the principal component within



Photon light generated by LED light therapy penetrates the deeper layers of tissue and stimulates the collagen and elastin producing fibroblast cells.

the skin that enables it to expand without leaving behind stretch marks. Below the skin, several of the facial muscle groups become progressively shortened throughout many years of facial expressions, and others become elongated and stretched throughout many years of gravity taking its toll.

The SYL-365, although not as powerful of a microcurrent as our SYL-09XLT, has the ability to reset the natural tension in the muscles, allowing over contracted muscles to relax, and overstretched muscles to recover their natural tension. This "resetting" of the overall muscle tension has an overall anti-aging effect on the face, and this technique has shown prodigious results for producing younger looking faces, hence the name "non-surgical facelift."

Using Your Handheld LED Therapy with Microcurrent Rejuvenation Device

OPERATION

SIMPLE 4-BUTTON CONTROLS

ON Button Press this button once to power up the device.

Press repeatedly to change photon color settings.

Order of colors:

Red, Green, Blue, Yellow, Purple, Cyan, White

OFF Button Press this button to turn off the device.

AUTO Button Press this button alternately for manual and automatic cycle settings. This setting gives you the option to automatically cycle through all of the colors at 2 second intervals. Manual is recommended for most therapeutic treatments.

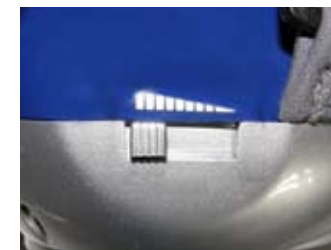


Button Press the **Pulse/Continuous** button to change between continuous and pulse photon light settings.

ADJUSTABLE MICROCURRENT FUNCTION

Microcurrent Adjuster Dial

This slider allows you to adjust the level of microcurrent going through the metal probes.



Probes

Flexible metal spring controlled metal probes to distribute the microcurrent to the skin.



LIGHT FUNCTIONS

RED Use this light to enhance blood circulation and as treatment for rosacea, acne, wrinkles and aging related skin concerns. This light hastens collagen and elastin production and therefore promotes healing.

BLUE For killing acne causing bacteria, reducing inflammation, and faster healing, use this light. The blue light kills Propionibacterium acnes, the slow-growing bacteria responsible for skin breakouts.

YELLOW This light is for abnormal pigmentation and improving lymphatic functions; use it to target dark spots and inhibit melanin production.

GREEN Shrink pores and improve sensitive skin with this light. It tightens and tones skin that has lost elasticity and firmness and dilated capillaries.

WHITE Select this light for lower intensity wavelengths to targeting fine lines and crow's feet, and all around skin improvement.

PURPLE This light will constrain the growth of unwanted hair. It also increases cell regeneration.

CYAN Use this light for reducing the size of swollen capillaries. It provides a soothing, calming, and healing effect that boosts other treatments.

About Your BIO Microcurrent Therapy

The SYL-365 comes equipped with microcurrent technology that can be used to amplify the effects of the LED light therapy treatments.

BIO Microcurrent Benefits:

- ✓ Treat sagging, aging, or severely wrinkled skin
- ✓ Remove cellulite and fat
- ✓ Cleans impacted pores and blackheads
- ✓ Tightens superficial muscles and relaxes hyper-contracted muscles
- ✓ Increase product absorption (iontophoresis)
- ✓ Stimulates circulation and increases blood flow to purify the skin

The Microcurrent facelift employs technologies that utilize soft micro-electric stimulation in order to induce the body's organic skin enhancement compounds on the cellular level.

The tissues of the body are virtually becoming rejuvenated many years before their time. ATP boosts tissue production, increasing it by 500%. Apart from the enormous increase of ATP, protein production, and membrane transport within the cells, scientific and clinical studies have demonstrated that the Microcurrent brings an INCREASE in:

- ✓ Blood circulation (38%)
- ✓ Quantity of blood vessels (35%)
- ✓ Lymphatic system drainage (28%)
- ✓ Generation of collagen (14%)
- ✓ Elastin production (40%)
- ✓ Gluconeogenesis (generation of fresh glucose) 40%

Dispersal associated with hardened collagen (scars), protein synthesis, iontophoresis (product penetration: clinical technique for non-invasive application of steroid).

With each and every Microcurrent Treatment, ATP quantities are stockpiled and the benefits become greater and greater as the sequence of treatments progresses. The extraordinary increase of ATP concentrations enables muscle tissues to remain in the re-educated positions for longer periods of time, and the elevated blood flow enhances functionality, condition, coloring, complexion, and overall wellness of the epidermis, supporting tissues, and muscles.

The BIO Microcurrent treatment available with the SYL-365 is not as robust as the SYL-09XLT and the SYL-08XLT which allow for stronger amplitudes and multiple implements.

BIO Microcurrent is truly the way of the future in rejuvenating skin care without the need for a surgical procedure. For the purposes of removing deep wrinkles, sagging, and to add life to the complexion, this feature is a great tool to revive dull and aging skin. BIO Microcurrent requires zero downtime and discomfort, and it will help to remove severe signs of age from the surface of the skin and reduce sagging in other areas of the body.

The microcurrent will allow for enhanced absorption of nutrients by the dermal skin cells and enables them to stimulate the production of collagen and elastin (very important proteins for skin health). It also stimulates the release of intracellular toxin buildup (so, don't forget to apply your favorite skin serum before treatment.). The Microcurrent flow also enhances the circulation of the lymphatic system, improves capillary circulation, and increase cellular metabolism, allowing toxins to be effectively removed permanently.

Starting Your LED Light Therapy: Easy 1-2-3

1 Begin with a clean face.

Always wash your face before starting with your LED Light Therapy Device. Use good quality moisturizing or anti-aging skin care products; this is not required with LED Light Therapy but it can boost its effects dramatically.

2 Use the light on your skin.

The SYL-356 LED Light Therapy Device has various light settings to address you skin-care concerns. Select the light you need and choose whether you want continuous or pulse setting. The closer the light is, the better; so, apply it directly on the skin. Keep it in the same area for 2 to 3 minutes.

3 Cover all zones.

There are about 10 facial zones you need to target. Move the light to a different one every 2 to 3 minutes until you have gone through the whole face.



Starting with a fresh, clean face before treatment is best.



Pick your setting and make sure to apply light right onto skin. Hold and repeat on other areas.



Make sure to go over the entire face. Don't forget areas like the jaw line and chin.

General Instructions

A Note On Results

Full term treatment program applications of LED Light Therapy is the best way for high success rates. Remember, the LED Light Therapy is working both from within the skin and on its surface. This means real healing and real healthy skin.

- Rosacea sufferers will receive additional benefit from using products designed to help with the redness and inflammation in conjunction with LED Light Therapy.
- Acne treatment with LED Light Therapy is better when done regularly. Be patient with this skin problem as it is persistent. Use the light on all acne-prone areas whether you currently have a breakout there or not.

IMPORTANT: Apply your acne ointments or creams AFTER your LED Therapy, not before.

Contraindications

- If you're pregnant, consult your physician before undergoing any therapy.
- Do not use if you're taking medications that cause photosensitivity.
- LED Light Therapy is not for those suffering from atopic dermatitis.
- Do not use on cancerous lesions.

General Dos and Don'ts

Device Care

- Use a few drops of alcohol on a cotton ball to wipe the device clean.
- Store it in a cool, dry place, and keep out of reach of children.
- Make sure your hands are dry before plugging in the device.
- If any part of the device appears damaged, do not use.
- Do not attempt any repairs of the device yourself.

Using Light Therapy Around The Eyes

LED lights are very powerful, avoiding direct eye exposure is important. When using your LED light near the eye area, close the eyelid nearest the device.

Warning

Should any discomfort result from using the device, stop use immediately and consult your doctor.



Handheld LED Light Therapy Rejuvenation Device

For Use With SYL-356, SYL-09XLT, SYL-08XLTB

Color/ Wavelength	Skin Condition/Type/ Pathology	Benefits Received	Treatment Length	Recommended Charge
RED	Aging skin (wrinkles) Reduces sagging Burns fat	Red LED light therapy stimulates collagen production. Collagen is responsible for the elasticity and firmness of your skin, resulting in the reduction of fine lines and wrinkles. Collagen is also the protein used to heal damaged skin cells.	10-20 Minutes	\$40-\$65
BLUE	Acne	Blue LED light therapy kills the Propionibacterium acne bacteria. This is the root cause of acne and it is sensitive to light in the wavelength range of 405-420nm. The bacteria absorbs light in this spectrum and the light kills it; as a result, the acne is cleared.	10-20 Minutes	\$40-\$65
GREEN	Dilated capillaries Sagging skin around the eyes Under Eye Circles Hyperpigmentation (sun spots) Sagging breasts	Green LED light therapy stimulates injured cells to produce ATP and increase DNA and RNA activity.	10-20 Minutes	\$40-\$65
YELLOW	Abnormal pigmentation (hypo and hyper) Improving lymphatic function Stimulating circulation	Yellow LED light therapy stimulates the production of red blood cells in the skin.	10-20 Minutes	\$40-\$65
PURPLE	Increases cell regeneration	Purple LED light therapy reduces the telomeres of DNA in the cells. This serves to rejuvenate the cell and bring it back to a stem cell-like (brand new) state so that it can divide and create new skin cells.	10-20 Minutes	\$40-\$65
CYAN	Anti-inflammatory agent for the skin Reduces the size of swollen capillaries	Cyan LED light therapy provides an effective anti-inflammatory agent for the skin.	10-20 Minutes	\$40-\$65
WHITE	Treating wounds Acne Rosacea Abnormal pigmentation Sagging skin Dilated capillaries Regulating mood, well-being, energy and sleep	White LED light therapy includes all the other wavelengths at a lower intensity/amplitude. White LED therapy has been shown to have numerous benefits.	10-20 Minutes	\$40-\$65



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